

# SACRED GEOMETRY

Have you ever gazed in awe at a painting or sculpture by master artisans? Or been speechless standing amongst ancient architecture of cathedrals, temples or pyramids? Have you pondered the beauty of nature in its stunning complexity, yet elegant simplicity?

If yes, you may have been experiencing the miracle of Sacred Geometry!

## What is Sacred Geometry?

Sacred Geometry is the language of creation. You'll find the principles and ratios of Sacred Geometry in all things created from the micro to the macro: our bodies, plants, animals, crystalline structure, atomic structure, musical scales, alphabets, ancient art and architecture to name only a few. The key principles of Sacred Geometry are that nothing is arbitrary, and everything is created based on what came before it. Its beauty is its elegance; a simplicity in process that belies the complexity and wonder of the results.

## Sacred Geometry as an Ancient Library

The symbology and creations of Sacred Geometry also contain ancient wisdom.

As in Yantras and Mandalas, these images convey underlying, fundamental truths without the use of verbal language. As portals or pathways, they help us explore deeper realms. And as visual representations of knowledge, they are like equations expressed in the language of geometry. For example Yantras are the physical manifestation (light vibrations) of Mantras (sound vibrations).

**BY: LESLIE BLACKBURN, MS**



I believe that in the action of not only seeing, or hearing about the images, but also creating them with your hands... there is an awakening. The action of drawing invokes a cellular memory of the wisdom contained within these images.

## Tools

The tools of the Sacred Geometer (one who practices Sacred Geometry) are simply a drawing compass and a straight edge. Since everything is created based on what came before it, there is no measuring or guessing.



The complexity comes in when the possibilities are infinite and one decides which path to choose next. In this way, Sacred Geometry is an analogy of life itself, and the unique spiritual paths each of us follow.

### Sacred Geometry as a Contemplative Practice

Experience clarity and a meditative calm

as you draw and color shapes and patterns, and learn about ancient wisdom teachings embedded within these symbolic records. This practice is available to anyone, you don't have to be an artist or have any drawing experience, nor do you need to be a mathematician, to enjoy the benefits of working with Sacred Geometry.

Sacred Geometry classes are offered through One Space, LLC. Hands-on sessions are available. Materials (compass, straight edge, colored pencils, paper) are provided, or bring your own. No prior experience is necessary. Just bring an open mind, interest and enthusiasm.

Current offerings include "Sacred Geometry 101 – What the heck do shapes have to do with the creation of everything?" and "Sri Yantra – Construction and Ancient Wisdom"

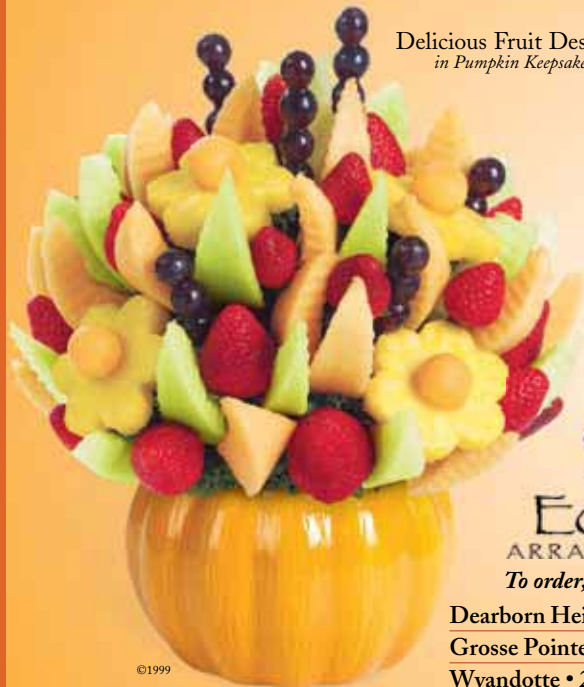
Visit [OneSpaceConnected.com](http://OneSpaceConnected.com), and click on "Sacred Geometry" for details



and upcoming class dates, or contact Leslie at 313.269.6719 or [info@one-spaceconnected.com](mailto:info@one-spaceconnected.com).

*Leslie Blackburn, MS, RYT Certified Yoga Instructor, Reiki Master, Sacred Sexual Healer & Transformational Guide, teaches Yoga, Meditation, Sacred Geometry & Sacred Sexuality. Individual and couple coaching is available in addition to group classes, workshops and retreats.*

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